

MAKING HEALTHY CONNECTIONS

Discover the power of effective, whole-health employee benefits.





POWER OF ONE

With Wellmark, you have one point of contact and a streamlined enrollment and renewal process. Less administrative burden means more time for the things that matter. Plus, easy-to-use tools, including our secure member site, myWellmark®, make it simple for your employees to see their benefits in actions.

Blue DentalSM

avēsis
a GUARDIAN company

91%

of all dentists
in Iowa

450

vision provider
locations in Iowa

Strength in networks

The key to truly valuable benefits? Access. You already know about Wellmark's broad network for medical coverage. In addition, Blue Dental includes 91 percent of all dentists in Iowa, and Avēsis has more than 450 provider locations in the state. These networks are strong, convenient and available to you where you are.

¹ Centers for Disease Control and Prevention: Chronic disease overview <https://www.cdc.gov/chronicdisease/overview/index.htm>

² Centers for Disease Control and Prevention: Oral health overview <https://www.cdc.gov/oralhealth/basics/index.html>

³ Business Insider: Signs of disease in the eyes <http://www.businessinsider.com/signs-of-disease-in-the-eyes-2014-9>

Whole-body health

Routine preventive care can lead to early detection of chronic diseases. According to the Centers for Disease Control and Prevention (CDC), preventable chronic diseases are the major contributor to insurance premium costs and employee medical claims, which continue to rise nationally. Easy-to-use plans from Blue Dental and Avēsis are designed to help members catch issues early. Research shows health care savings are possible with proper, routine dental and vision care.



1 in 2

adult Americans have at least one chronic condition¹



86%

of annual U.S. health care spending — more than \$2.3 trillion — goes toward chronic conditions¹



90%

of diseases show signs and symptoms in the mouth²



30+

conditions show symptoms in the eyes³



Simple, smart benefits

We've cut through the clutter and selected coverage options that suit both your employees and your balance sheet. Bottom line: These are straightforward, cost-effective benefits that continue to be important to your employees.

Service to smile about

Rest assured, you can expect to receive high quality customer care no matter the coverage selected.

With solutions for health, dental, vision and more, your Wellmark representative is your go-to source for all of your benefit needs. We'll make it simple for you and easy for your employees to make the most of their effective coverage.



Contact your Wellmark representative to learn more.

Blue DentalSM

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 WageWorks
everyone benefits[®]

Wellmark complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, los servicios de asistencia de idiomas se encuentran disponibles gratuitamente para usted. Comuníquese al 800-524-9242 o al (TTY: 888-781-4262).

注意：如果您说普通话，我们可免费为您提供语言协助服务。请拨打 800-524-9242 或（听障专线：888-781-4262）。

ACHTUNG: Wenn Sie deutsch sprechen, stehen Ihnen kostenlose sprachliche Assistenzdienste zur Verfügung. Rufnummer: 800-524-9242 oder (TTY: 888-781-4262).



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Avēsis Vision is an independent vision insurance company that does not provide Wellmark Blue Cross and Blue Shield products and services. Avēsis Vision is underwritten by Fidelity Security Life insurance.

WageWorks[®] is an independent company providing administration of consumer directed benefits and accounts. WageWorks does not provide Wellmark Blue Cross and Blue Shield products or services.