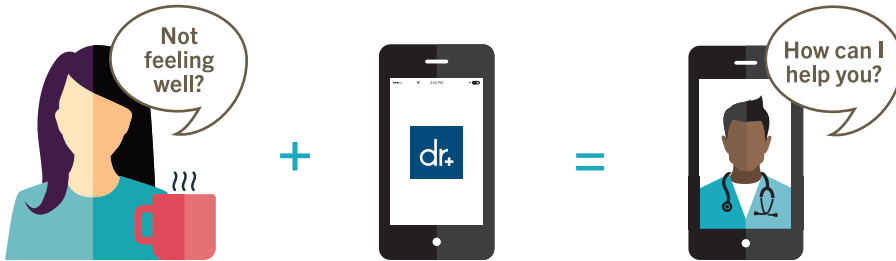


ADD CONVENIENCE WITH A VIRTUAL VISIT BENEFIT

Give your busy employees 24/7 access to care at a lower overall cost.



Getting sick is bad enough without having to get out of bed and go to the doctor. With a virtual visit benefit, your employees can connect face-to-face with a doctor from virtually anywhere using a smartphone, tablet or computer.

Virtual visits are less expensive than traditional office visits. And since doctors are available **24 hours a day, 7 days a week, 365 days a year**, your employees can schedule their visits before or after their working hours or on holidays if necessary. You may even save an expensive trip or two to the emergency room.

WITH WELLMARK, YOU GET MORE.

Wellmark proudly offers Doctor On Demand™ to meet your virtual visit needs.¹ You will get:






- No start-up costs and no per-employee, per-month fees
- Pay only for the care used
- Seamless claims integration and quarterly reporting
- Plan design flexibility
- Employee communications support

¹ Members with a plan on the Wellmark Synergy HMO Network have access to UleCare®, an online medical service operated by University of Iowa Health System.

dr+ on demand

A solution for every workforce

All employee populations will benefit from the convenience and cost effectiveness of virtual visits. Even more so if your employees:

-  Have tight schedules or short lunch breaks
-  Work or live in rural locations where access to health care is limited
-  Are busy adults caring for children or aging family members
-  Have high-deductible health plans (HDHP)
-  Travel often for their job

HELP FOR THE MOST COMMON CONDITIONS



Doctor On Demand is convenient, easy and integrated with your Wellmark benefits plan.

With more than 1,400 board-certified physicians and 300 psychologists in all 50 states, Doctor On Demand is able to treat hundreds of the most common medical conditions, including prescribing medication if needed¹. Your employees can see a doctor for:

- **Cold and flu**
- **Bronchitis and sinus infections**
- **Urinary tract infections**
- **Sore throats**
- **Allergies**
- **Fever**
- **Headache**
- **Pink eye**
- **Skin condition**
- **Other conditions such as mental health (if covered by your health plan)²**

¹ Doctor On Demand physicians do not prescribe Schedule I-IV DEA Controlled Substances and may elect not to treat or prescribe other medications based on what is clinically appropriate.

² Mental health treatment cost share is subject to group plan coverage. For plans that include benefits for mental health treatment, Doctor On Demand benefits may include treatment for certain psychological conditions, emotional issues and chemical dependency. For group plans without mental health treatment services, you may be able to access the services but will pay full cost. For more information, call Wellmark at the number on your ID card.



GET STARTED TODAY!

Adding Wellmark's virtual visit benefit is easy. To get started or learn more, please contact your authorized Wellmark account manager.

Wellmark complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, los servicios de asistencia de idiomas se encuentran disponibles gratuitamente para usted. Comuníquese al 800-524-9242 o al (TTY: 888-781-4262).

注意：如果您说普通话，我们可免费为您提供语言协助服务。请拨打 800-524-9242 或（听障专线：888-781-4262）。

ACHTUNG: Wenn Sie deutsch sprechen, stehen Ihnen kostenlose sprachliche Assistenzdienste zur Verfügung. Rufnummer: 800-524-9242 oder (TTY: 888-781-4262).



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Wellmark's virtual health care visit benefit is made available through an independent company, Doctor On Demand, Inc., and the telemedicine services are provided by licensed physicians practicing within a group of independently owned professional practices. Doctor On Demand, Inc. does not itself provide any physician, mental health or other healthcare provider services. Doctor On Demand operates subject to state laws. Doctor On Demand is not intended to replace an annual, in-person visit with a primary care physician.

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